WELLBEING IN ASIAN TRADITIONS OF THOUGHT AND PRACTICE

March 7-9, 2019
Nashville, TN
Ranked 6th
Regional Universities of the South
U.S. News & World Report

8300 +
Enrollment

13 : 1
Student : Faculty Ratio

NASHVILLE
CHERRY
BLOSSOM
FESTIVAL

TN★China
NETWORK
The 2019 Conference theme *Wellbeing in Asian Traditions of Thought and Practice* is intended to stimulate interdisciplinary conversations about the meanings-of and means-to wellbeing, expanding the field of wellbeing research beyond the disciplines of psychology, sociology and health sciences to include philosophical, political, economic, religious, artistic, literary and historical engagements with wellbeing.

How has human wellbeing been conceived and measured historically in different Asian contexts? In what ways are these concepts and measures changing?

How has the struggle to actualize wellbeing revealed itself in the Asian arts (fine arts, performance arts, arts of popular cultures)?

What methods and practices have been used in Asian contexts to construct and implement initiatives and institutions aimed at securing wellbeing?

To what extent are Asian contributions to understanding and realizing human wellbeing addressing issues such as gender, the environment, new digital and social network processes, and tensions between the urban and rural lives people lead?

In what ways are Asian religious and philosophical traditions engaging the challenges of human wellbeing in the contemporary world?

What are the most significant impediments to wellbeing in contemporary Asian societies?
Keynote Speaker

Dr. Philip J. Ivanhoe
March 8, 2019
12:00 Noon

Title Talk: Oneness, Spontaneity, and Happiness

Philip J. Ivanhoe is Distinguished Chair Professor in the College of Confucian Studies and Eastern Philosophy at Sungkyunkwan University, Seoul, South Korea and director of the newly endowed Sungkyun Institute for Confucian Studies and East Asian Philosophy. Prior to this, he was Chair Professor of East Asian and Comparative Philosophy and Religion at City University of Hong Kong and the founding director of the Center for East Asian and Comparative Philosophy. Known for his many translations of Chinese texts, over 30 authored or edited books, and over 100 articles and book chapters, he publishes and does research in English, Chinese, Japanese, and Korean. Recently, he was the organizer and principle investigator for a three-year project funded by the John Templeton Foundation that resulted in the single authored book, East Asian Conceptions of Oneness, Virtue, and Human Happiness (Oxford, 2017), and the co-edited collection The Oneness Hypothesis: Beyond the Boundaries of the Self (Columbia University Press 2018). He also served as advisor for a multidisciplinary, three-year, $5.1 million project on Happiness and Well-Being: Integrating Research Across the Disciplines based at Saint Louis University.
Keynote Speaker

Dr. Akiko Takenaka
March 9, 2019

Title Talk: Wellbeing in International Relations: Healing National Divides in Postwar Asia through Memory Studies

Akiko Takenaka is Associate Professor and Associate Chair in the Department of History at the University of Kentucky. Her first book Yasukuni Shrine: History, Memory, and Japan’s Unending Postwar (University of Hawaii Press, 2015) is the only book-length work in English that critically examines the controversial war memorial. Its Japanese translation is forthcoming in 2019. She is currently working on her second book manuscript entitled Mothers Against War: Gender, Motherhood, and Grassroots Peace Activism in Postwar Japan. She has published in journals including Gender and History, Verge: Studies in Global Asias, The Public Historian, The Pacific Historical Review, and Review of Japanese Culture and Society, as well as a wide range of edited volumes on topics from war memory and mass dictatorship to aesthetics and visual culture. She is a recipient of numerous awards and fellowships, including Fulbright, Japan Foundation, and Michigan Society of Fellows.
Wellbeing and Contemplative Pedagogy: Transforming the Classroom Inside and Out

PRE-CONFERENCE WORKSHOP ($25, OPTIONAL)
Limited to the first 20
Dr. Erin McCarthy

March 7, 2019, 2:00 pm-4:00 pm

In this hands on introductory workshop, faculty will learn how contemplative pedagogy can enrich their classrooms.

Erin McCarthy, Ph.D. is Chair and Professor of Philosophy at St. Lawrence University (Canton, NY) where she also teaches in the Asian Studies Program. A comparative and feminist philosopher, her work and teaching bring together Japanese philosophy, ethics, feminist and continental philosophy. Author of the book Ethics Embodied: Rethinking Selfhood through Continental, Japanese and Feminist Philosophies (Lexington, 2010), her work has also been published in several journals and anthologies, and she sits on the editorial boards of a number of leading journals. She is past Chair of the Board of Directors of ASIANetwork and a founding member of CoZen, a group dedicated to the cooperative integration of contemplative practice and academic study. She is also a trained teacher of Mindfulness for Symptom Management and Mindful Self-Compassion, modalities which she brings to her teaching and the campus community as a whole.
ASIA IN NASHVILLE FIELD TRIP ($20, OPTIONAL)
LIMITED TO THE FIRST 15
Leader: Dr. Jonathan Thorndike
Director of Honors, Japanese Studies, Belmont University
Specialties: Japanese Literature and Pilgrimage

March 7, 2019, 9:30 am - 12:00 pm

No, Nashville is not just music! On this field trip you can visit several of the city's best known Asian sites. Jonathan Thorndike will lead you to three west-side sites in the city. You'll visit these fantastic sites:

Meet in the lobby of Nashville Airport Marriott Hotel at 9:15 a.m., March 7, 2019

**Sign up for the Field Trip here.

Shōmu-en, Japanese Garden at Cheekwood, a 55-acre botanical garden and art museum located on the historic Cheek estate

The Hindu Cultural Center of Tennessee and Sri Ganesha Temple, officially opened on April 14, 1985 and designed by Sri Muthiah Sthapathri resembling the temple architecture of Chola dynasty (900 -1150)

The Chua Tinh Tam Buddhist Temple, a cultural center for the Vietnamese community in Middle Tennessee.
Special Sessions, Teachers, and Performers

**The Way of the Guqin**
(Reception Performance -- March 7, 2019 from 7:15-8:30 p.m.).
In partnership with the center for Chinese Music and Culture, Middle Tenn State Univ.
Dr. Mei Han, Director

**Guqin Master: Dai Xiaolian**

Dai Xiaolian (戴晓莲) was born in Shanghai and began to master the art of guqin playing from an early age, under the tutelage of her granduncle, the renowned guqin master Zhang Ziqian from the Guangling School. Upon graduating from the Shanghai Conservatory of Music in 1985, she accepted the post of Associate Professor of Chinese Music and supervisor of the Master’s Program at the conservatory.

Her unique style of qin playing embodies the flowing and lucid manner of Guangling style combined with her own style and touch. Her interpretation of music pieces is deeply intellectual and elegant. In 2009 she led the planning and organizing of the conference commemorating the 110th birthday of Guqin Master Zhang Ziqian, then edited and published the CD “The Qin Repertoire of Zhang Ziqian”.

Academically, she has participated in various research projects at the conservatory, including research on guqin dapu (interpretation of old tablature), musicology research, and other projects. Dai Xiaolian is helping to form an essential link between historical and contemporary Chinese guqin music. During her career three decades long career, she has made significant contributions to the development of contemporary guqin art.

**Excerpts from the tunes** "Meditation at the Dongting Lake in autumn" and "Ancient dance" performed by Dai Xiaolian played on the qin (Chinese zither),

https://www.youtube.com/watch?v=xgpRSexjUel

Also Join The Way of Qin and Music (afternoon breaks, March 8 and 9, 2019)
Special Sessions, Teachers, and Performers

Ashoka Yoga: Gentle Yoga for Everyone
(Morning sessions on March 8 and 9, 2019 from 7:15-8:30 a.m.)

What is it? Ashoka Yoga is a simplified version of physical postures as well as breathing and meditation exercises along with systematic relaxation of 12 bodily muscles leading to total calmness. A carefree gentle yoga for all the stressed out/overworked students, faculty and other members of your community. The session ill last for one hour and is open to all ages.

Leader: Ashok Kumar Malhotra:

Dr. Malhotra is Emeritus SUNY Distinguished Teaching Professor of Philosophy at the State University of New York College at Oneonta. He is the winner of a dozen prestigious awards including the Oneonta Chancellor’s Award for Excellence in Teaching, East West Center Distinguished Alumni Award (USA), Jewel of India Gold Award (India), and the Bharat Excellence Award (India) and others.. He is the founder/president of the Ninash Foundation (www.ninash.org), a charity that has built 7 schools for more than 1600 female and minority children of India. For this service he has been repeatedly nominated for the Nobel Peace Prize since 2010.

Also Join Dr. Malhotra’s panel at this conference--- “Health and Well-Being Through Yoga” (3:45 to 5:15 PM-Saturday, March 9, 2019)
ASDP Regional Centers

Belmont University
ASDP Profile | School Website
Dr. Ronnie Littlejohn (email)
Nashville, TN 37212

Black Hawk College
ASDP Profile (doc) | School Website
Dr. Xixuan Collins (email)
Moline, IL 61265

Central Washington University
ASDP Profile | School Website
Dr. Jeffrey Dippmann (email)
Ellensburg, WA 98926

City College of San Francisco
ASDP Profile | School Website
Dr. Robert Irwin (email)
Dr. Stephan Johnson (email)
San Francisco, CA 94112

College of Dupage
School Website
Dr. Keith Krasemann (email)
Glen Ellyn, IL 60137

Community College of Philadelphia
ASDP Profile | School Website
Dr. Fay Beauchamp (email)
Philadelphia, PA 19130

Johnson County Community College
ASDP Profile | School Website
Dr. Tom Patterson (email)
Overland Park, KS 66210

Maricopa Community College –Paradise Valley
ASDP Profile (pdf) | School Website
Dr. Michele Marion (email)
Phoenix, AZ 85032

Middlesex Community College
ASDP Profile | School Website
Dr. Dona M. Cady (email)
Bedford, MA 01730

Missouri State University
School Website
Dr. Yan Weirong (email)
Springfield, MO 65897

Portland Community College
School Website
Dr. Kathleen Doss (email)
Portland, OR 97229

Slippery Rock University
School Website
Dr. George P. Brown (email)
Slippery Rock, PA 16057

Trident Technical College
School Website
Dr. Katharine Purcell (email)
Charleston, SC 29423

Tulsa Community College
School Website
Dr. Ann Malloy (email)
Tulsa, OK 74135

University of Central Arkansas
ASDP Profile (doc) | School Website
Dr. Nicholas Brasovan (email)
Conway, AR 72035

University of Hawaii Kapiolani
ASDP Profile | School Website
Dr. Joseph Overton (email)
Honolulu, Hi 96816

University of Redlands
School Website
Prof. Robert Eng (email)
Redlands, CA 92373
<table>
<thead>
<tr>
<th>Thursday, March 7</th>
<th>Friday, March 8</th>
<th>Saturday, March 9</th>
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<tbody>
<tr>
<td>ASDP Alumni Board Jacobs Room 8:00 a.m.-10:00 p.m.</td>
<td>Ashoka Yoga: Gentle Yoga for Everyone Ashok Malhotra 7:15-8:15 a.m.</td>
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<td>Field Trip to Nashville Asia Sites Meet in hotel lobby 9:50 a.m. 10:00 a.m.-12:00 p.m.</td>
<td>Registration Opens 8:30 a.m. Book Exhibit Opens 8:30 a.m. Concurrent Sessions 9:00-10:30 a.m.</td>
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<td>Association of Regional Centers Board Lunch in Marriott Hotel Restaurant or Belmont 12:30-1:45 p.m.</td>
<td>Morning Break 10:30-10:45 a.m. Concurrent Sessions 10:45 a.m.-12:15 p.m.</td>
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<td>Workshop: Wellbeing and Contemplative Pedagogy: Transforming the Classroom Inside and Out Directed by Erin McCarthy 2:00-4:00 p.m.</td>
<td>Plenary Session &amp; Lunch 12:30-1:45 p.m. Concurrent Sessions 2:00-3:30 p.m.</td>
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<td>3:00 Conference Registration Begins</td>
<td>Afternoon Break 3:30-3:45 p.m. Concurrent Sessions 3:45-5:15 p.m.</td>
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<td>Association of Regional Centers Board Meeting –Jackson 4:15-5:45 p.m.</td>
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<td>ASDP Alumni Association General Meeting 5:30-6:15 p.m. Capitol Ballroom</td>
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<td>Reception and Welcoming Performance Capitol Ballroom 6:00-8:30 p.m. Sit down Performance by Dai Xialian, Shanghai Conservatory of Music and other Musicians</td>
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Just minutes from Downtown and all Nashville Attractions!

- 2.5 miles to the Nashville International Airport (BNA)
- 4.3 miles to Gaylord Opryland/Opry Mills/Grand Ole Opry
- 6 miles to Nashville's Downtown Entertainment District — Music City Center, Bridgestone Arena, Nissan Stadium, Country Music Hall of Fame, dining and entertainment
- 9 miles to Vanderbilt University