

Asian Studies Development Program
25th National Conference

WELLBEING IN ASIAN TRADITIONS OF THOUGHT AND PRACTICE

March 7-9, 2019
Nashville, TN

Conference Host





8300 +
Enrollment

Ranked 6th
Regional Universities of the South
U.S. News & World Report

13 : 1
Student : Faculty Ratio



TN ★ China
N E T W O R K



WELLBEING IN ASIAN TRADITIONS OF THOUGHT AND PRACTICE

The 2019 Conference theme *Wellbeing in Asian Traditions of Thought and Practice* is intended to stimulate interdisciplinary conversations about the meanings-of and means-to wellbeing, expanding the field of wellbeing research beyond the disciplines of psychology, sociology and health sciences to include philosophical, political, economic, religious, artistic, literary and historical engagements with wellbeing.

How has human wellbeing been conceived and measured historically in different Asian contexts? In what ways are these concepts and measures changing?

How has the struggle to actualize wellbeing revealed itself in the Asian arts (fine arts, performance arts, arts of popular cultures)?

What methods and practices have been used in Asian contexts to construct and implement initiatives and institutions aimed at securing wellbeing?

To what extent are Asian contributions to understanding and realizing human wellbeing addressing issues such as gender, the environment, new digital and social network processes, and tensions between the urban and rural lives people lead?

In what ways are Asian religious and philosophical traditions engaging the challenges of human wellbeing in the contemporary world?

What are the most significant impediments to wellbeing in contemporary Asian societies?

Keynote Speaker

Dr. Philip J. Ivanhoe

March 8, 2019

12:00 Noon

Title Talk: Oneness, Spontaneity, and Happiness



Philip J. Ivanhoe is Distinguished Chair Professor in the College of Confucian Studies and Eastern Philosophy at Sungkyunkwan University, Seoul, South Korea and director of the newly endowed Sungkyun Institute for Confucian Studies and East Asian Philosophy. Prior to this, he was Chair Professor of East Asian and Comparative Philosophy and Religion at City University of Hong Kong and the founding director of the Center for East Asian and Comparative Philosophy. Known for his many translations of Chinese texts, over 30 authored or edited books, and over 100 articles and book chapters, he publishes and does research in English, Chinese, Japanese, and Korean. Recently, he was the organizer and principle investigator for a three-year project funded by the John Templeton Foundation that resulted in the single authored book, *East Asian Conceptions of Oneness, Virtue, and Human Happiness* (Oxford, 2017), and the co-edited collection *The Oneness Hypothesis: Beyond the Boundaries of the Self* (Columbia University Press 2018). He also served as advisor for a multidisciplinary, three-year, \$5.1 million project on *Happiness and Well-Being: Integrating Research Across the Disciplines* based at Saint Louis University.

Keynote Speaker

Dr. Akiko Takenaka

March 9, 2019

Title Talk: *Wellbeing in International Relations: Healing National Divides in Postwar Asia through Memory Studies*



Akiko Takenaka is Associate Professor and Associate Chair in the Department of History at the University of Kentucky. Her first book *Yasukuni Shrine: History, Memory, and Japan's Unending Postwar* (University of Hawaii Press, 2015) is the only book-length work in English that critically examines the controversial war memorial. Its Japanese translation is forthcoming in 2019. She is currently working on her second book manuscript entitled *Mothers Against War: Gender, Motherhood, and Grassroots Peace Activism in Postwar Japan*. She has published in journals including *Gender and History*, *Verge: Studies in Global Asias*, *The Public Historian*, *The Pacific Historical Review*, and *Review of Japanese Culture and Society*, as well as a wide range of edited volumes on topics from war memory and mass dictatorship to aesthetics and visual culture. She is a recipient of numerous awards and fellowships, including Fulbright, Japan Foundation, and Michigan Society of Fellows.



Wellbeing and Contemplative Pedagogy: Transforming the Classroom Inside and Out

PRE-CONFERENCE WORKSHOP (\$25, OPTIONAL)

Limited to the first 20

Dr. Erin McCarthy



March 7, 2019, 2:00 pm-4:00 pm

In this hands on introductory workshop, faculty will learn how contemplative pedagogy can enrich their classrooms.

Erin McCarthy, Ph.D. is Chair and Professor of Philosophy at St. Lawrence University (Canton, NY) where she also teaches in the Asian Studies Program. A comparative and feminist philosopher, her work and teaching bring together Japanese philosophy, ethics, feminist and continental philosophy. Author of the book *Ethics Embodied: Rethinking Selfhood through Continental, Japanese and Feminist Philosophies* (Lexington, 2010), her work has also been published in several journals and anthologies, and she sits on the editorial boards of a number of leading journals. She is past Chair of the Board of Directors of ASIANetwork and a founding member of CoZen, a group dedicated to the cooperative integration of contemplative practice and academic study. She is also a trained teacher of Mindfulness for Symptom Management and Mindful Self-Compassion, modalities which she brings to her teaching and the campus community as a whole.

ASIA IN NASHVILLE FIELD TRIP (\$20, OPTIONAL)

LIMITED TO THE FIRST 15

Leader: Dr. Jonathan Thorndike

Director of Honors, Japanese Studies, Belmont University

Specialties: Japanese Literature and Pilgrimage

March 7, 2019, 9:30 am - 12:00 pm



No, Nashville is not just music! On this field trip you can visit several of the city's best known Asian sites. Jonathan Thorndike will lead you to three west-side sites in the city. You'll visit these fantastic sites:

Meet in the lobby of Nashville Airport Marriott Hotel at 9:15 a.m., March 7, 2019

[Sign up for the Field Trip here.](#)**

[Shōmu-en, Japanese Garden at Cheekwood](#), a 55-acre botanical garden and art museum located on the historic Cheek estate

[The Hindu Cultural Center of Tennessee and Sri Ganesha Temple](#), officially opened on April 14, 1985 and designed by Sri Muthiah Sthapathi resembling the temple architecture of Chola dynasty (900 -1150)

[The Chua Tinh Tam Buddhist Temple](#), a cultural center for the Vietnamese community in Middle Tennessee.

Special Sessions, Teachers, and Performers



The Way of the *Guqin*

(Reception Performance -- March 7, 2019 from 7:15-8:30 p.m.).

In partnership with the center for Chinese Music and Culture, Middle Tenn State Univ.

Dr. Mei Han, Director

***Guqin* Master: Dai Xiaolian**

Dai Xiaolian (戴晓莲) was born in Shanghai and began to master the art of *guqin* playing from an early age, under the tutelage of her granduncle, the renowned *guqin* master Zhang Ziqian from the Guangling School. Upon graduating from the Shanghai Conservatory of Music in 1985, she accepted the post of Associate Professor of Chinese Music and supervisor of the Master's Program at the conservatory.

Her unique style of *qin* playing embodies the flowing and lucid manner of Guangling style combined with her own style and touch. Her interpretation of music pieces is deeply intellectual and elegant.

In 2009 she led the planning and organizing of the conference commemorating the 110th birthday of Guqin Master Zhang Ziqian, then edited and published the CD "The Qin Repertoire of Zhang Ziqian".

Academically, she has participated in various research projects at the conservatory, including research on *guqin dapu* (interpretation of old tablature), musicology research, and other projects.

Dai Xiaolian is helping to form an essential link between historical and contemporary Chinese *guqin* music. During her career three decades long career, she has made significant contributions to the development of contemporary *guqin* art.

Excerpts from the tunes "Meditation at the Dongting Lake in autumn" and "Ancient dance" performed by Dai Xiaolian played on the *qin* (Chinese zither),
<https://www.youtube.com/watch?v=xgpRSexjUeI>

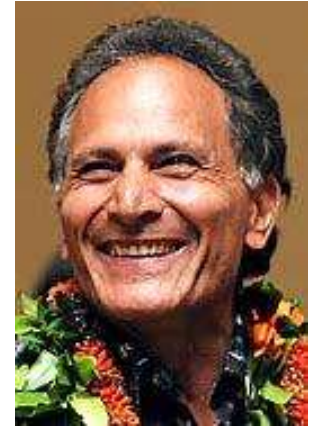
Also Join The Way of Qin and Music (afternoon breaks, March 8 and 9, 2019)

Special Sessions, Teachers, and Performers

Ashoka Yoga: Gentle Yoga for Everyone

(Morning sessions on March 8 and 9, 2019 from 7:15-8:30 a.m.)

What is it? Ashoka Yoga is a simplified version of physical postures as well as breathing and meditation exercises along with systematic relaxation of 12 bodily muscles leading to total calmness. A carefree gentle yoga for all the stressed out/overworked students, faculty and other members of your community. The session will last for one hour and is open to all ages.



Leader: ***Ashok Kumar Malhotra:***

Dr. Malhotra is Emeritus SUNY Distinguished Teaching Professor of Philosophy at the State University of New York College at Oneonta. He is the winner of a dozen prestigious awards including the Oneonta Chancellor's Award for Excellence in Teaching, East West Center Distinguished Alumni Award (USA), Jewel of India Gold Award (India), and the Bharat Excellence Award (India) and others.. He is the founder/president of the Ninash Foundation (www.ninash.org), a charity that has built 7 schools for more than 1600 female and minority children of India. For this service he has been repeatedly nominated for the Nobel Peace Prize since 2010.

Also Join Dr. Malhotra's panel at this conference--- "Health and Well-Being Through Yoga" (3:45 to 5:15 PM-Saturday, March 9, 2019)

ASDP Regional Centers

Belmont University

ASDP Profile | [School Website](#)

Dr. Ronnie Littlejohn ([email](#))

Nashville, TN 37212

Black Hawk College

ASDP Profile ([doc](#)) | [School Website](#)

Dr. Xixuan Collins ([email](#))

Moline, IL 61265

Central Washington University

ASDP Profile | [School Website](#)

Dr. Jeffrey Dippmann ([email](#))

Ellensburg, WA 98926

City College of San Francisco

ASDP Profile | [School Website](#)

Dr. Robert Irwin ([email](#))

Dr. Stephan Johnson ([email](#))

San Francisco, CA 94112

College of Dupage

[School Website](#)

Dr. Keith Krasemann ([email](#))

Glen Ellyn, IL 60137

Community College of Philadelphia

ASDP Profile | [School Website](#)

Dr. Fay Beauchamp ([email](#))

Philadelphia, PA 19130

Johnson County Community College

ASDP Profile | [School Website](#)

Dr. Tom Patterson ([email](#))

Overland Park, KS 66210

Maricopa Community College –Paradise Valley

ASDP Profile ([pdf](#)) | [School Website](#)

Dr. Michele Marion ([email](#))

Phoenix, AZ 85032

Middlesex Community College

ASDP Profile | [School Website](#)

Dr. Dona M. Cady ([email](#))

Bedford, MA 01730

Missouri State University

[School Website](#)

Dr. Yan Weirong ([email](#))

Springfield, MO 65897

Portland Community College

[School Website](#)

Dr. Kathleen Doss ([email](#))

Portland, OR 97229

Slippery Rock University

[School Website](#)

Dr. George P. Brown ([email](#))

Slippery Rock, PA 16057

Trident Technical College

[School Website](#)

Dr. Katharine Purcell ([email](#))

Charleston, SC 29423

Tulsa Community College

[School Website](#)

Dr. Ann Malloy ([email](#))

Tulsa, OK 74135

University of Central Arkansas

ASDP Profile (doc) | [School Website](#)

Dr. Nicholas Brasovan ([email](#))

Conway, AR 72035

University of Hawaii Kapiolani

ASDP Profile | [School Website](#)

Dr. Joseph Overton ([email](#))

Honolulu, HI 96816

University of Redlands

[School Website](#)

Prof. Robert Eng ([email](#))

Redlands, CA 92373

Thursday, March 7

**ASDP Alumni Board
Jackson Room
8:00 a.m.-10:00 p.m.**

**Field Trip to Nashville Asia Sites
Meet in hotel lobby 9:50 a.m.
10:00 a.m.-12:00 p.m.**

**Association of Regional Centers
Board Lunch in Marriott Hotel
Restaurant or Belmont
12:30-1:45 p.m.**

**Workshop: Wellbeing and
Contemplative Pedagogy:
Transforming the Classroom
Inside and Out
Directed by Erin McCarthy
2:00-4:00 p.m.**

3:00 Conference Registration Begins

**Association of Regional Centers
Board Meeting –Jackson
4:15-5:45 p.m.**

**Reception and Welcoming
Performance

Capitol Ballroom:
6:00-8:30 p.m.
Sit down Performance by
Dai Xialian, Shanghai
Conservatory of Music and other
Musicians**

Friday, March 8

**Ashoka Yoga: Gentle Yoga for
Everyone
Ashok Malhotra
7:15-8:15 a.m.**

**Registration Opens
8:30 a.m.**

**Book Exhibit Opens
8:30 a.m.**

**Concurrent Sessions
9:00-10:30 a.m.**

**Morning Break
10:30-10:45 a.m.**

**Concurrent Sessions
10:45 a.m.-12:15 p.m.**

**Plenary Session & Lunch
12:30-1:45 p.m.**

**Concurrent Sessions
2:00-3:30 p.m.**

**Afternoon Break
3:30-3:45 p.m.**

**Concurrent Sessions
3:45-5:15 p.m.**

**ASDP Alumni Association
General Meeting
5:30-6:15 p.m.
Capitol Ballroom**

Saturday, March 9

**Ashoka Yoga: Gentle Yoga for
Everyone
Ashok Malhotra
7:15-8:15 a.m.**

**Registration Opens
8:30 a.m.**

**Book Exhibit Opens
8:30 a.m.**

**Concurrent Sessions
9:00-10:30 a.m.**

**Morning Break
10:30-10:45 a.m.**

**Concurrent Sessions
10:45 a.m.-12:15 p.m.**

**Plenary Session & Lunch
12:30-1:45 p.m.**

**Concurrent Sessions
2:00-3:30 p.m.**

**Afternoon Break
3:30-3:45 p.m.**

**Concurrent Sessions
3:45-5:15 p.m.**





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NASHVILLE
AIRPORT**

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Nashville Attractions!**

Nashville Airport Marriott
600 Marriott Drive
Nashville, TN 37214
615-889-9300



- 2.5 miles to the Nashville International Airport (BNA)
- 4.3 miles to Gaylord Opryland/Opry Mills/Grand Ole Opry
- 6 miles to Nashville's Downtown Entertainment District— Music City Center, Bridgestone Arena, Nissan Stadium, Country Music Hall of Fame, dining and entertainment
- 9 miles to Vanderbilt University

