Face Masks

The East-West Center strongly recommends that if you have a mask, wear it when in public spaces.

EWC has secured masks for housing residents and staff at no cost. Each resident will be allocated 5 masks—please collect at Hale Mānoa front desk.

Please see below for resources about how to make your own face masks.

Why? To prevent virus transmission from people who have no symptoms to others. Face coverings introduce a physical barrier to block sneezes and coughs. We’re all in this together.

Where? Wear your mask whenever you interact with other people, e.g. in the shared kitchens, at grocery shopping, and riding the bus.

What kind? There are currently no state or federal guidelines. For now, simple cloth coverings that cover the mouth and nose will do. This includes home-made cloth masks.

Does this mean we can ignore social distancing guidelines? No. Physical distance and good hygiene practices are the first line of defense. Masks are an additional measure to try to #FlattenTheCurve.

How to Make DIY Masks/Resources

- CDC shows you how to make a mask in 45 seconds (Mashable, article) https://bit.ly/39Mgfc0
- How-to & important information for effective home-made masks and use (Washington Post, article) https://wapo.st/3aHzWmv
- How to make a no-sew mask from shop towels (heavy duty paper towels) (video) https://youtu.be/mai-UqdNRi8
- Discussion of best materials (Smart Air Filters, article) https://bit.ly/3dS4WSB