



EAST-WEST
CENTER

COMMUNITY BUILDING INSTITUTE

August 8 – 19, 2017

SCHEDULE

Education Program

Introduction

The Tree of Life is an archetype, theme, motif, image, spiritual concept, and mythological story that is found throughout the world. The Tree of Life is often understood to connect all forms of creation and is a cosmic conception that connects the heavens, earth, and underworld. It has influenced art creation and visual representation for millennia. These diverse representations have taken influences from indigenous cultures and major religions including Hinduism, Buddhism, Taoism, Judaism, Christianity, Islam, Zoroastrianism, and other ancient religions.

The Tree of Life has diverse meaning across cultures in Asia. In Hindu mythology, it is the Cosmic Tree, for the Babylonians it was the tree with the divine fruit, for the Zoroastrians it is the Haoma Tree, while in Chinese mythology the one who eats its fruits becomes immortal.

East-West Center Arts Program

For this Community Building Institute (CBI), the Tree of Life offers a metaphor for the communities, relationships, and experiences, new and old, which will be shared during the next two weeks. In Hawaiian Language, kumu, the word for tree (trunk), also means “foundation”, “source”, “teacher”, and “cause” (reason) [see <http://wehewehe.org>]. CBI is a foundation, where you can share past experiences with new friends and where you may create new memories in new communities, as the basis for future interactions at the East-West Center, at the University of Hawai‘i, and throughout Hawai‘i. The source of this inspiration is you, someone who is from or will be studying the Asia-Pacific region. Collectively, we are all part of this Tree of Life.

Through the Community Building Institute, we hope that participants will gain a greater understanding and awareness of natural phenomenon and their metaphors for life as these relate to academic study and daily living. As we engage with one another during the Community Building Institute (CBI), we also hope that participants will find common interests and concerns with other East-West Center (EWC) participants through shared experiences. CBI integrates team-building activities for East-West Center communities with dialogues on issues related to Asia Pacific communities. Pacific communities by definition include the United States.

As participants from the United States, Asia, the Pacific, and beyond, we interact with many cultures. Throughout this fall 2017 CBI, we will explore together the many connections that unite different cultures here and abroad.

For this CBI, participants will attend sessions and interact through activities designed to learn about other participants, the EWC, and their new home, Hawai‘i. Prior to the beginning of the academic year at the University of Hawai‘i, the fall 2017 CBI is

designed to give you time and experiences to prepare for academic and residential life in Hawai‘i and engagement at the EWC.

The EWC Education Program, supplemented with volunteers who are current EWC participants and staff, organizes CBI. Without the *kōkua* (help) from East-West Center participants and staff, CBI could not happen. CBI is a collaborative effort, with participants, volunteers, and the EWC staff all contributing to this community building experience. As CBI progresses, you will be invited to join in planning and supporting gatherings, and with your engagement, we hope will experience a sense of being a part of the Center’s ‘ohana, community.

The activities and interactions in CBI are intended to be engaging, fun, and insightful. We focus on team-building and experiential activities, and hope that, by the end of CBI (even if you have been at the University of Hawai‘i or at the East-West Center for a while), you will very likely begin to view other participants and Asia Pacific communities anew; you will have greater awareness of these communities and understand better how these communities are linked.

CBI is a requirement for all new East-West Center participants. This contains a schedule of the required CBI sessions (highlighted in boxes), as well as numerous optional activities offered on a sign-up basis and planned by your EWC ‘ohana offered to enhance health and wellness, settling in assistance. All provide opportunities to build and deepen new friendships and networks within the East-West Center and broader community.

Definitions

Throughout CBI, we will use Hawaiian words, partly because the East-West Center is in Hawai‘i, and partly because these Hawaiian words offer a complexity and richness not found in the English definitions. The definitions are provided via Ulukau: The Hawaiian Electronic Library (<http://wehewehe.org/>). Because some of the definitions are quite long, the full meaning may not be listed. If more information is needed, consult Ulukau.

These words may have similar meanings to concepts in your culture and communities. As you read these words, consider how these words differ from the terms found in your communities, or offer similarities with those terms.

The Hawaiian words and their definitions are the following:

Ahupua‘a	Land division usually extending from the uplands to the sea. . . .
‘Āina	Land, earth. . . . <i>Ua mau ke ea o ka ‘āina i ka pono</i> (motto of Hawai‘i), the life of the land is preserved in righteousness.
Aloha	Love, affection, compassion, mercy, sympathy, pity, kindness, sentiment, grace, charity; greeting, salutation, regards. . . .
‘Ike	To see, know, feel, greet, recognize, perceive, experience, be aware, understand.
Kaiāulu	Community, neighborhood, village.
Kuleana	Right, privilege, concern, responsibility, title. . . .
Mahalo	Thanks, gratitude; to thank. Mahalo nui loa, thanks [you] very much. ‘Ōlelo mahalo, compliment.
Mākaukau	Able, competent, capable, handy, efficient, proficient. . . .
Mālama	To take care of, tend, attend, care for, preserve, protect. . . .
Mauka/ Makai	Inland/ Toward the Ocean
‘Ohana	Family, relative, kin group; related.
Pau	Finished, ended, through, terminated, completed, over, all done; final, finishing. . . .

Goals

The goals for this fall 2017 CBI pertain to four common words: unity, community, leadership and duty. These words, with their Hawaiian meanings, are listed below, as are the underlying goals for CBI 2017:

‘Āina (Land, earth. “Ua mau ke ea o ka ‘āina i ka pono.” Motto of Hawai‘i: *The life of the land is preserved in righteousness.*)

- Increase awareness of nature in academic work and daily activities.
- Discuss how nature is perceived in cultures throughout the Asia Pacific region.
- Encourage CBI participants to think creatively about natural phenomenon and issues related to nature.

Lōkahi (unity, agreement, accord, unison, harmony)

- Identify common interests and concerns of our Asia-Pacific communities.
- Share cultural experiences and identify commonalities in countries and regions of Asia and the Pacific, as well as, identify interests and concerns unique to each country or region.
- Provide opportunity to expand our regional and interdisciplinary literacy on Asia and the Pacific.

Kaiāulu (Community, neighborhood, village)

- Learn about the cultures represented by participants in the Community Building Institute.
- Identify cultural concerns expressed by participants and speakers regarding Asia Pacific regions or countries.
- Provide activities to share understandings of cultural values, regarding natural and cultural phenomenon.

Kumu (Tree [trunk], foundation, source, teacher, and “cause” [reason])

- Learn about the “Tree of Life” as a foundational concept throughout the Asia-Pacific region.
- Identify the importance of trees and nature for Asia-Pacific cultures.
- Identify how trees affect our lives, as community members and students.
- Discuss the source of understanding regarding trees and nature.

Kuleana (Responsibility/ Duty)

- Examine the responsibilities regarding research in Asia Pacific communities.
- Identify concerns and strategies related to community building in Asia and the Pacific.
- Inspire participants to explore their responsibilities within the study of Asia and the Pacific.
- Provide activities to help participants identify academic responsibilities related to the many communities of the Community Building Institute.
- Explain responsibilities within East-West Center communities.

Community Building Institute Schedule

August 8 – 19, 2017

CHECK IN ON SUNDAY OR MONDAY, August 6-7, 2017

Your Community Building Institute Schedule and Information packet is available at Hale Hālāwai from 9:00 A.M. to 9:00 P.M. on Sunday and Monday, August 6-7, 2017. Please visit Hale Hālāwai during this timeframe to check in and join the hospitality gatherings to get acquainted.

GATHERING SPACES

- Hale Hālāwai and Friendship Circle include the cottage and lawn/garden area between Hale Manoa and Burns Hall.
- John A. Burns Hall is located at 1601 East-West Road, on the corner of East-West Road and Dole Street, housing the main EWC administrative offices.
- Keoni Auditorium, Makana and Wailana rooms are in the Hawai‘i Imin International Conference Center-Jefferson Hall.

ATTENDANCE

Attendance at all sessions in the highlighted boxes is required for participants. Please wear your nametag, for this helps us all learn one another’s names quickly, and serves as your ticket to meals and optional activities.

Sunday, Aug. 6, 2017**Hale Hālāwai**

Check in on Sunday or Monday all day/evening: CBI detailed schedule and information packets are available to pick up when you check in at Hale Hālāwai. Check-in, and enjoy the hospitality. Participants and staff will welcome you and answer your questions. Sign up for various activities.

Please check in as soon as possible and pay particular note of schedule details for the official launch of CBI Tuesday Morning. ***We will be moving around to several locations on Tuesday morning, and we do not want anyone left behind.***

**9:00 A.M. –
9:00 P.M.**

Hospitality, snacks, games and activities at Hale Hālāwai today and all day Monday (8/7). The Community Building Institute officially begins Tuesday (8/8).

10:00 AM – 12 noon **Neighborhood Walks and Shopping Tours** (*sign up*)
and

2:00 – 4:00 P.M.

Get to know your neighborhood:

a) Manoa Market Place – Safeway, Longs Drugs
Hale Hālāwai

b) University/Mo‘ili‘ili – vegetarian market Down to Earth, halal market (India Market), Longs Drugs

**Afternoon/Evening
Hale Hālāwai**

Health and Wellness Activities

(Meet up with activity coordinator at Hale Hālāwai)

Soccer (Muzamil) 5:00-7:00 PM

Monday, Aug. 7, 2016

Note: New UH students cannot register for classes until they have taken the TB test and receive health clearance. Today is the best day to get this done.

Hale Hālāwai

Check in Monday all day/evening: CBI detailed schedule and information packets are available to pick up when you check in at Hale Hālāwai. Check in and enjoy the hospitality. Participants and staff will welcome you and answer your questions. Sign up for various activities.

Please check in as soon as possible and note schedule details for the official launch of CBI Tuesday Morning.

8:00 AM. –9:00 PM Hospitality, snacks, games and activities at Hale Hālāwai.

UH Health Services TB Test at University Health Services**8:00 A.M. –**

Across the street from Hale Mānoa. Tel: 956-8965.

4:00 P.M.

Please take care of the TB skin test as soon as possible.

Mon-Fri

Cost varies, depending on your health insurance plan. Bring passport or ID.

Please complete the TB skin test on Monday, preferably, or Tuesday; results will be provided on Wednesday and Thursday at the UH Health Services.

Hale Hālāwai**10:00 AM or****1:00 PM****Campus Tour** (*sign up; various times*)

Volunteers will show you around the EWC and UH Mānoa campus, with emphasis on credit union/bank ATM (for those needing to open local accounts), Campus Center, Queen Lili‘uokalani Center (QLC) for all student services.

Hale Hālāwai**Various times****Neighborhood Walks and Shopping Tours** (*sign up*)

Get to know your neighborhood:

a) Manoa Market Place – Safeway, Longs Drugs

b) University/Mo‘ili‘ili – vegetarian market Down to Earth, halal market (India Market), Longs Drugs

2:00 P.M.**Housing Tour****Hale Mānoa Lobby**

Led by housing staff

7:00 P.M.**Health and Wellness Activities****Hale Hālāwai**

(Meet up with activity coordinator at Hale Hālāwai)

Warrior Recreation Center (Shintaro)

Tuesday, Aug. 8, 2017

8:00 – 8:30 A.M. Light snacks available. All participants welcome.
Hale Hālāwai

Please be at Hale Hālāwai and Friendship Circle no later than 8:30 A.M. We will move to several locations throughout Tuesday morning, and we do not want anyone left behind.

TUESDAY, AUGUST 8 WE BEGIN!

ATTIRE: For today's gathering, dress casually and wear comfortable shoes/sandals for walking.

BRING:

- Passport w/J-1 Visa and processed FORM DS-2019 *only for those on EWC or DOS visa sponsorship*
- EWC Release and Waiver Form – *signed*
- Emergency Contact Form – *completed*
- Your CBI packet and wear your nametag
- Paper, pencil/pen
- Smart phone or tablet if you have one (*no problem if you don't*)

8:30 A.M. **ALL IN! Welcome and Announcements**
Hale Hālāwai/ We will divide into four groups for a series of
Friendship Circle rotations/activities in Burn Hall.

8:45 A.M. Travel with your group and group leader through the following rotations (each group's sequence will vary)

8:50 – 10:15 A.M. **Group Rotations**
Burns Hall

- a) Introduction to EWC Arts Program and Gallery – current exhibition, *Tree of Life*
- b) Turn in passport/forms/receive keys and mailbox combinations, & EWC ID photo
- c) Peruse free publications & Education Program loop tour
- d) Get acquainted with your Group Campus Tree Walk discussion guide – 2nd floor lobby couch area

10:15 – 11:30 A.M. Divide into 8 groups, and begin Campus Tree Walk with
Burns Lanai & UH your discussion guide

11:30 A.M. – Regroup at Friendship Circle for lunch and activity
1:30 P.M.
Hale Hālāwai/Friendship Circle

Tuesday, Aug. 8, 2017 **Continued****UH Health Services TB Test at University Health Services****8:00 A.M. –**

Across the street from Hale Mānoa Tel: 956-8965.

4:00 P.M.

Please take care of the TB skin test as soon as possible. Cost varies, depending on your health insurance plan. Bring passport or ID. If you complete the TB skin test on Monday or Tuesday; results will be provided on Wednesday and Thursday at the UH Health Services.

3:30 – 5:00 P.M.**EWC Annual Bazaar for gently-used household Items****Hale Hālāwai/**

Kitchen and household items for sale at bargain prices,

Friendship Circle

from Alumni, staff, and current participants. A chance to buy inexpensive rice cookers, pots and pans, cooking utensils, etc. Best prices in town! Come early!

Wednesday, Aug. 9, 2017

UH Health Services TB Testing and Readings (if you have not taken care of
8:00 A.M. – the TB Skin test, you will need to do it today!
4:00 P.M.

WEDNESDAY MORNING, AUGUST 9**ALL IN: GETTING TO KNOW YOUR EWC PROGRAM**

ATTIRE: For this morning's gathering, dress casually. (*Note: in the afternoon, we will have a **professional gathering**. If you don't have time to change midday, dress all day in "smart casual" attire.*)

BRING:

- Your CBI packet
- Wear your nametag
- Paper, pencil/pen

Breakout Groups and times as noted all in Burns Hall

9:00 – 10:00 A.M. Student Affiliates meet with Kuhio Vogeler
Burns 4005

9:00 A.M. **Tax information session** for: ADB-JSP, Obuchi, USSP,
Burns 2118 EWC Graduate Degree Fellows, VIED, EWCA Alumni
 Scholars, EWC Foundation Scholars (Clinton Nonaka)

9:15 A.M. **J-Visa Info Session** for students on EWC sponsored
Burns 2118 visas and Department of State sponsored J visas: ADB-
 JSP, Obuchi, USSP, EWC Graduate Degree Fellows,
 VIED meet with Valerie Wong

9:30 A.M. **Health Insurance session** for ADB-JSP, Obuchi, USSP,
Burns 2118 Graduate Degree Fellows, VIED with Megan Vera

9:15 – 10:00 A.M. EWC Alumni and EWC Foundation Fellows meet with
Burns 2063 Kanika Mak-Lavy

10:00 – 10:30 A.M. Parvin Fellows and Ah-Buck Yee Fellow meet with
Burns 2063 Kanika Mak-Lavy

10:00 – 11:30 A.M. Graduate Degree Fellows & Obuchi Fellows meet with
Burns 2118 Kuhio Vogeler

10:00 – 11:30 A.M. USSP, ADB-JSP, VIED Fellows meet with Kim Small
Burns 2073

Wednesday, Aug. 9, 2017 (Continued)**Lunch Break on your own****WEDNESDAY AFTERNOON, AUGUST 9****ALL IN: BUILDING YOUR EWC PROFESSIONAL NETWORK**

Networking Gathering with EWC new and continuing students, and EWC professional and research staff

ATTIRE: Smart casual; Be prepared for a group photo

WEAR YOUR NAME TAG to help the many attending to get to know you quickly and easily.

MATERIALS: Note-taking materials.

LOCATION: Imin International Conference Center, Garden Level Wailana (downstairs)

Appetizers, coffee and tea will be served.

1:50 PM Arrive and check in at the Garden Level of Imin and learn your discussion table assignment based on your interest/research areas.

2:00 P.M. Welcome by President Richard Vuylsteke

2 – 3:30 P.M. Networking Gathering

3:30 – 4:00 P.M. Group Photos in the Japanese Garden

6:00 – 9:00 P.M. **Shopping Shuttle for groceries/supplies**
Hale Mānoa An opportunity to buy everyday essentials (kitchenware, food, electronics, etc.). *Space is limited. Sign-up early.*

Hale Hālāwai **Health and Wellness Activities**
7:00 PM (Meet up with activity coordinator at Hale Hālāwai)
Warrior Recreation Center (Shintaro)

Thursday, Aug. 10, 2017

8:00 – 4:00 P.M. TB Skin test readings – make sure you get your reading done to ensure you are cleared to be able to register for classes.

THURSDAY, AUGUST 10**ALL IN: ASIA PACIFIC LITERACY**

ATTIRE: Casual

MATERIALS: Bring CBI packet, name tag, note-taking materials.

9:00 – 12:00 Noon

Keoni Auditorium, Imin International Conference Center

Regional Literacy Activity

EWCPA Board Introduction

Student Leadership Initiatives:

- Wednesday Evening Seminar
- EWC International Graduate Student Conference

Opportunities for Engagement & Volunteering

2:00 – 3:00 P.M. **Make-Up EWC Photo ID Session** (for those who could not take their photos on Tuesday)
Burns Hall 2128

Hale Hālāwai
5:00 PM

Health and Wellness Activities

(Meet up with activity coordinator at Hale Hālāwai)

Swimming (Aarthi)

6:00 – 9:00 P.M.
Hale Mānoa

Shopping Shuttle for groceries/supplies

An opportunity to buy everyday essentials (kitchenware, food, electronics, etc.). *Space is limited. Sign-up early.*

Friday, Aug. 11, 2017**FRIDAY, AUGUST 11****ALL IN: LOCAL STYLES****ATTIRE:** Dress casually.**MATERIALS:** Wear your name tag**Hale Hālāwai/Friendship Circle**

1:30 – 3:00 P.M. **Local Styles, an introduction to**

- lei making
- island recreation
- a taste sampling of local flavors
- EWCPA

6:30 – 8:00 PM **Pau Hana at Magic Island/Ala Moana Beach Park**
 Sunset and fireworks.
 Transportation to/from and dinner on your own. Enjoy Waikiki.
 Details to be announced.

Saturday, Aug. 12, 2017*Times variable* **Health and Wellness Activities**

Hale Hālāwai
3:00 – 5:00 P.M. **Cricket (Amit)**

Hale Manoa Lobby **Hiking – Mānoa Falls (Deveraux)**
4:45 – 7:00 P.M. *(sign up required for hiking trip – transportation space limited)*

6:00 – 7:00 P.M. **EWCPA Gathering for Participants with spouse/children**
Hale Mānoa Learn advice for couples and families in Hawai‘i. Topics will
1st Floor include housing, healthcare, job opportunities, and
Study Lounge child/daycare. Open to all participants with spouse/family (even if
 your family is coming later). *Light snacks provided.*

7:00 – 9:00 P.M. **EWCPA Movie Night**
Hale Mānoa
1st Floor
Study Lounge

Sunday, Aug. 13, 2017

Hale Hālāwai	Health and Wellness Activities
5:00 P.M.	Soccer (Muzamil)

Monday, Aug. 14, 2017

This week, we leave the M-F business hours flexible for you to take care of one-on-one appointments and meetings with EWC staff, and settle in to your responsibilities at the University (Graduate Assistant training, New Graduate Student Orientation, departmental meetings).

Your EWCPA community has planned a variety of after-hours activities

Hale Hālāwai	Health and Wellness Activities
7:00 P.M.	Warrior Recreation Center (Shintaro)

6:00 – 9:00 P.M.	TEA – EWCPA Event
Hale Hālāwai	Game Night! Play board games from around the world & pingpong

Tuesday, Aug. 15, 2017

Hale Hālāwai	Health and Wellness Activities
6:30 – 7:30 A.M.	Jog, Jog, Jog (Mo)
5:00 P.M.	Swimming (Aarthi)

Hale Manoa Lobby	
6:00 – 6:45 P.M.	Let's Walk at Night! (Payal)

6:00 – 9:00 P.M.	TEA – EWCPA Event
Hale Hālāwai	Game Night! Play board games from around the world & pingpong

Wednesday, Aug. 16, 2017

Times variable **Health and Wellness Activities**
Hale Manoa Lobby (Meet up with activity coordinator at Hale Hālāwai)
6:00 – 6:45 PM **Let's Walk at Night!** (Payal)

7:00 – 9:00 P.M. **EWCPA Dance, Music & Karaoke Night!**
Hale Hālāwai **Bring your own instrument(s)**
Opening with Yuichiro "Harry" Masuda with Okinawan sanshin &
Anis Hamidati, with a Javanese song

Thursday, Aug. 17, 2017

2:00 – 3:00 P.M. Make-Up EWC Photo ID Session (for those who have not taken
BURNS 2066 their photos yet)

Hale Manoa Lobby **Health and Wellness Activities**
6:00 – 6:45 P.M. **Let's Walk at Night!** (Payal)

Friday Aug. 18, 2017

Friday (8/19) is Statehood Day. Since it's a state holiday, most offices at UH will be *closed* except the UH Bookstore. Plan to buy your books and take care of your personal business before this holiday. Many banks will also be closed. Stores and shopping malls will be open. The bus will be on a holiday schedule.

East-West Center is open on Statehood Day during regular business hours.

FRIDAY, AUGUST 18**EAST-WEST CENTER PARTICIPANTS ASSOCIATION
INTERCULTURAL POTLUCK**

For all new and continuing degree student participants and participants who just arrived for the Pacific Islands Leadership Program and the Asia Pacific Leadership Program.

Join one of the 10 Cooking Teams in all 10 kitchens in Hale Manoa and Hale Kuahine. Each of the 10 teams will receive the same budgeted amount to go shopping and cook together!

Time variable: Meet in your kitchen to meet your kitchen "potluck captain" and receive your kitchen's budget. Decide what to cook and go shopping for food supplies.

Time variable: Cook/prepare your dishes together

5:30 P.M. Bring your dishes to the Intercultural Potluck in the Friendship Circle and enjoy!

Hale Hālāwai & Friendship Circle

Saturday, Aug. 19, 2017**SATURDAY, AUGUST 19****ALL IN: EWC ALUMNI AND PARTICIPANT CELEBRATION PICNIC LUNCH****MEET YOUR EXTENDED EWC, EWC ALUMNI, AND HAWAII COMMUNITY**

ATTIRE: Casual. Bring sunscreen lotion, hat, towel, and swimsuit, if you want.
Wear athletic attire/shoes if you want to play soccer or volleyball.

WEAR YOUR NAME TAG –you will be meeting lots of new people

10:30 A.M. **EWC Alumni and Participant Celebration Picnic**
Buses near **at Kapi‘olani Park** Picnic is arranged and sponsored by the
Jefferson Hall Hawai‘i Chapter, EWC, Alumni and EWCPA. Come and enjoy
relaxed conversations and games with current participants, alumni,
and staff; swim at the beach in Waikīkī.

Buses only drop off. Please bring \$2.50 for bus ride back to campus.

Hale Hālāwai **Health and Wellness Activities**
5:00 PM **Cricket (Florenca)**

Sunday, Aug. 20, 2017

Hale Manoa Lobby **Health and Wellness Activities**
4:30 – 7:30 PM **Hiking – Makapu‘u Lighthouse** (Deveraux)
(Sign up required for hiking trip – space limited)

Mahalo to everyone who made CBI possible!

Best wishes in your first week of classes next week.