



WEDNESDAY EVENING SEMINAR

Education Program Presents

The Decolonial Diet

Craig Santos Perez

Assistant Professor, English Department, UH Mānoa

Wednesday, September 18, 2013

6:30 – 8:30 p.m.

Keoni Auditorium, Imin International Conference Center

How does what you eat shape your cultural identity? How has colonialism deformed our cultural diets? How can we heal our bodies from the chronic diseases of malnutrition, indigestion, obesity, and heart disease? In this talk, we will explore these questions in an interactive and nourishing seminar. Our conversation will focus on the importance of developing a "Decolonial Diet" to restore our health, our connection to native foods, and our rightful place in a decolonized kitchen. Throughout, we will share food memories, decolonial recipes, and shopping tips. We will end by thinking about what it means to eat towards "gastro-sovereignty."

Craig Santos Perez is a native Chamoru from the Pacific Island of Guåhan (Guam). He is the co-founder of Ala Press, co-star of the poetry album Undercurrent (Hawai'i Dub Machine, 2011), and author of two collections of poetry: from unincorporated territory [hacha] (Tinfish Press, 2008) and from unincorporated territory [saina](Omnidawn Publishing, 2010), a finalist for the LA Times 2010 Book Prize for Poetry and the winner of the 2011 PEN Center USA Literary Award for Poetry. He is an Assistant Professor in the English Department at the University of Hawai'i, Mānoa, where he teaches creative writing and poetics.

Refreshments will be served. Please bring your own cup, plate/bowl and utensil. The public is invited to attend.